

Trillium Case Study

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A 57 year old patient with a history of ankle surgeries, including a Dwyer Calcaneal Osteotomy, ankle instability repairs and peroneal tendon relocation and repairs came in for a consultation.

An excision of the exostosis of the peroneal tendon at the cuboid tarsal bone was performed with peroneal tendon repair. A wedge was removed from the lateral tarsal and pulled together with 3 plates and a total of 10 screws. Two long screws were also placed at back of the heel for support. The tendon was repaired with Nutech Trillium allograft to assist in healing.

The patient was placed in a short leg cast after surgery, but noticed lots of swelling, pressure and heat. After removing the cast and replacing it with compression socks and a boot, the patient had a much more comfortable and standard recovery.

